

GutArmor



Clinical Applications:

- Supports balanced immune response in individuals with heightened sensitivity
- Promotes clear and healthy sinus and respiratory function
- Helps maintain normal mucus viscosity
- Supports comfort and health of nasal passages during seasonal shifts

GASTROINTESTINAL HEALTH

GutArmor is a comprehensive formula designed to support and strengthen the gastrointestinal lining and its barrier function. The gut lining plays a critical role in nutrient absorption while protecting the body from toxins, microbes, and undigested food particles. GutArmor delivers 4 grams of L-glutamine, a key fuel source for intestinal cells, helping to nourish and repair the gut lining. It also includes 400 mg of deglycyrrhized licorice (DGL) and 75 mg of aloe vera extract, both known to soothe and protect the gut mucosa. N-acetyl glucosamine and zinc are added to enhance intestinal integrity and support overall digestive health. GutArmor comes in delicious chocolate and vanilla flavors for easy daily use.

Overview

A healthy gastrointestinal (GI) tract relies on a strong epithelial mucosal barrier to prevent unwanted substances—like food antigens, toxins, and microbes—from entering the bloodstream. However, factors such as stress, alcohol consumption, poor diet, food sensitivities, and microbial imbalances can compromise this barrier. GutArmor is formulated with targeted nutrients that help regenerate and maintain gut lining cells (enterocytes) while promoting the overall health and function of the intestinal mucosal barrier.

Deglycyrrhized Licorice Root Extract (DGL)

DGL is a specialized form of licorice root that retains its beneficial flavonoids while removing glycyrrhizin, allowing for higher, safer dosing. Traditionally used to soothe digestive discomfort, DGL supports a healthy

balance of gut bacteria, protects the intestinal lining, and promotes a normal inflammatory response. Research shows that DGL can help protect the gastric mucosa by influencing enzymes involved in prostaglandin metabolism. In clinical studies, daily supplementation with 760 mg of DGL over one month significantly supported GI mucosal health compared to placebo, with fewer adverse effects reported.

Aloe Vera Leaf Gel Extract

Aloe vera is a soothing botanical with a long history of use for supporting digestive comfort and maintaining a healthy inflammatory response. Research has shown that aloe vera is particularly beneficial for the gastric mucosa, helping to regulate stomach acid levels and promote the production of protective mucus. In animal studies, aloe vera helped balance acid secretion and, even at low doses, shielded the stomach lining from temporary spikes in gastric acid—contributing to overall gut lining protection and comfort

L-Glutamine

L-glutamine is the primary fuel source for enterocytes, the cells that line the small intestine, and plays a vital role in tissue repair throughout the body. It helps maintain the integrity and function of the gut mucosal barrier. During times of physical or environmental stress, exposure to toxins or food antigens can trigger inflammatory responses and raise cortisol levels—leading to increased demand for glutamine. Under these conditions, L-glutamine

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becomes conditionally essential, meaning the body requires more than it can produce on its own. Supplementing with L-glutamine helps support regeneration, repair, and protection of the intestinal lining.

N-Acetyl Glucosamine

N-acetyl glucosamine is a specialized form of glucosamine that serves as a building block for mucin, a key component of the protective mucus layer in the GI tract. It has been shown to boost mucus production, which is often lacking in individuals with gastrointestinal issues. Research suggests that people with intestinal challenges may also have difficulty with the N-acetylation process, leading to reduced levels of mucosal glycoproteins that protect the gut lining. Supplementation with N-acetyl glucosamine supports mucosal integrity and helps maintain a healthy intestinal barrier.

Zinc

Zinc is an essential trace mineral known for its critical role in gut integrity and immune support. It helps strengthen the gastrointestinal barrier by maintaining the structure and function of tight junctions—the cellular connections that control what passes through the intestinal lining.

Directions

Mix 1 scoop of GutArmor with water or your preferred beverage, once daily, or as directed by your healthcare provider.

References

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Does Not Contain

Contains no shellfish, gluten, yeast, or artificial colors or flavors.

Cautions

Do not use this product if you are pregnant or nursing. Please consult your healthcare provider before use.

Supplement Facts ^{v3}		
Serving Size 1 Scoop (6.4 grams)		
Servings Per Container About 30		
	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	<1 g	<1%*
Total Sugars	<1 g	**
Vitamin A (from 2,000 IU as Palmitate)	600 mcg	67%
Zinc (as Albion® Zinc Bisglycinate Chelate)	10 mg	91%
L-Glutamine USP	4 g	**
N-Acetyl-D-Glucosamine	500 mg	**
Deglycyrrhized Licorice Root Extract	400 mg	**
Aloe vera Leaf Gel Extract	75 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Natural Flavors, Rebaudioside A (Organic) and Silicon Dioxide

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